
The Helena Festival of the Book ^{page} 10 starts today: get your guide to the festival inside

n minded person,
recumbent bicycles
y always have.

t the three-wheeled kind.
any number of valid rea-
f those. No, I'm talking
ed laid-back bikes that
idden by a self-satisfied
looking bearded guy.

Who Needs Sleep?
by Peter Bovington
page 12

Author
Michael Finkel
tells the honest
to God truth
page 12

Mike Finkel is over the top.

He subscribes to 35 magazines. He talks 100 miles a minute. Finkel has bicycled 5,000 miles across the United States; scaled a 27,000 foot Himalayan peak and covered stories as a journalist in 49 states. If anyone has a job for him in Arkansas, he'd like to make that 50.



Intarsia mania:
meet wood mosaic artist
Mary Garcia
page 12

If you notice a clear eyed, white haired woman running around a local hardware store checking out saws or picking up wood, might be Mary Garcia.

Mary, 77, has been doing intarsia for 10 years now. Also known as inlay, intarsia is a technique of decorating a surface with inlaid designs, most often using wood.

Depending on the pattern she's using, Garcia cuts hundreds of intricate pieces from several different types of wood, sands them or varnishes them, and then puts it all together for a wood mosaic effect.

